



DEPARTMENT OF ADMINISTRATION
Office of Employee Benefits

Employee Assistance Program (EAP) Monthly Email – April 2023

Help for neurodivergent conditions

Everyone's brain develops in a unique way. For some, this means diagnoses such as autism, ADHD, OCD, or Tourette Syndrome. Early identification and intervention offer the best opportunity to support healthy development.

Your Caredon Wellbeing benefit offers support and resources at no extra cost. Use it to:

- Learn more about neurodiversity.
- Connect with resources and services.
- Find guidance on being an advocate for your loved one.



- Learn tips to help you care for your own needs.

Visit the [Carelon Wellbeing](#) website to access articles, videos, podcasts, and other tools that can help you and your loved ones with life's challenges. If you don't know where to start, take an assessment to find resources that meet your unique needs.

Your Employee Assistance Program (EAP)

Anytime, any day, you have free, confidential access to professional consultants and online resources to help you be your best. Just call or log on to get started.



PHONE: 866-987-3705 | 401-429-2104

WEBSITE: <https://stateofrhodeisland.mybeaconwellbeing.com>

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