



2023 State Employee Wellness Fairs

Don't forget to register for a 2023 State Employee Wellness Fair! Fairs will be held at various State agency locations between [March 13 – April 28, 2023](#).

A copy of the fair schedule is attached for your reference. Please note that hours for some events have been extended and additional events at DOA in Providence and at URI have been added to accommodate registration demand – these extended hours and new events are not reflected on the attached schedule.

Register Today!

What is a Wellness Fair?

At a wellness fair, you can receive health screenings for **blood pressure**, **body mass index (BMI)**, **total cholesterol** and **glucose**, all of which qualify for co-share credits under the [Rewards for Wellness 2023-2024 program](#).^{*} At select larger fairs there will also be representatives from Blue Cross & Blue Shield of Rhode Island present to assist with health plan coverage questions.

While wellness fairs are often associated with biometric screenings and physical health, the State is committed to your all-around wellness, including financial wellness. As such, there will also be representatives from Aflac and Colonial life as well as the State's deferred compensation program at select larger fairs.

Register Today

Pre-registration is required. Please visit the [Wellness Fairs page](#) to see the complete fair schedule

and instructions for how to register for your health screenings.

**All State of Rhode Island employees are eligible to participate in Rewards for Wellness programs and screenings, but only active State of Rhode Island employees who are paying State medical co-share premiums at the time of the incentive delivery are eligible to receive co-share credits.*

(If you're going to print this email, use attached "Printing Version" for best results)

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