

# Health Care Flexible Spending Account

## What is a Health Care Flexible Spending Account?

Health Care Flexible Spending Accounts (HCFSA) allow you to set aside money from your paycheck pretax to pay for out-of-pocket health care expenses. When you pay less in taxes, you have more money in your pocket. Most people save at least 30% on each dollar set aside pretax.

Eligible expenses include medical, prescriptions, dental, vision, hearing and over-the-counter health care products for yourself, your qualifying spouse and children.

## How much can I contribute to my HCFSA?

The limit is set by the IRS annually, so be sure to check your employer plan for the amount you can contribute to the Health Care FSA.

## How do I submit claims and get reimbursed?

As you incur expenses, you can submit a claim to be reimbursed. ASIFlex offers several easy ways to submit claims for reimbursement. You do not have to choose only one option; you can use multiple options throughout the year.

- **ASIFlex mobile app** Download the app and log in to your account. Then, just snap a picture of your insurance plan explanation of benefits (EOB) statement, or itemized statement from your provider and submit a claim via the app. It's easy and it's fast!
- **ASIFlex Online** Sign in to your online account at ASIFlex.com to submit a claim.
- **Toll-free fax or mail** Download and complete a claim form. Then, submit it with your insurance plan EOB or provider itemized statement. Keep a copy for your records.

Reimbursements will be made to you within three business days following receipt of a complete claim. Log in to your ASIFlex account to sign up for direct deposit reimbursement to a bank account of your choice.

## Will I receive a debit card?

Yes. Each health care FSA participant will receive a set of two ASIFlex debit cards which can be used at the point of service to pay for health care services or products. Ask for and save itemized statements of services from the provider, and save insurance plan explanation of benefit statements (EOBs) as some transactions will require you to submit backup documentation to substantiate the expense.

## Get your HCFSA information. Instantly.

You can manage your HCFSA anytime, anywhere! Register to access your [Account Detail](#) at ASIFlex.com.

- Sign up for email and text alerts
- Sign up for direct deposit reimbursements
- Access your account statement and balance
- Read secure messages sent to you from ASIFlex
- Submit claims

ASIFlex.com is an educational site as well. You can view an extensive listing of eligible expenses, read frequently asked questions, view educational videos, access claim and administrative forms, and access IRS forms and publications.

For more information, view the employer plan document or visit ASIFlex.com to obtain IRS Publication 502, Medical and Dental Expenses; a list of eligible expenses; and general plan information.

## Manage your account

Register your account at ASIFlex.com to see your account statement and balance, submit claims, sign up for email, text alerts and direct deposit.

## Check out over-the-counter (OTC) products

Bandages, blood pressure monitors, diabetic supplies, contact lens solution, face masks and sanitizers for COVID-19, menstrual care products, sunscreen, drugs and medicines are just a few of the eligible OTC items. Go to ASIFlex.com and click on the FSA Store link.

## Get the ASIFlex app!

- Submit claims.
  - Submit documentation.
  - Access your balance and account statement.
- Search ASIFlex Self Service and download the app today.



## ASIFlex Customer Service

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